



# SAFER TRAVELS

*“One destination is never a place, but always a new way of seeing things.”*

*—Henry Miller*

## THE BASICS

- Students traveling abroad are at a higher risk of sexual assault than students at home
- Consumption of alcohol or other psychoactive substances increases risk
- Separation from home and support for a substantial period of time can have impacts on mental health and well being
- Sexuality and gender norms are expressed differently in each community
- Cultural norms will dictate dating and social behaviors, expectations, and etiquette
- Laws pertaining to gender violence can differ in each community
- Effects of gender violence can be compounded by isolation, cultural barriers, and lack of familiarity in the area

## RESPONDING TO DISCLOSURES

“Are you safe?”

“I believe you”

“How can I help”

“Thank you for sharing with me”

## COUNTRY: NEW ZEALAND

- Police do not classify DV as separate from other forms of assault
- Extensive support services for DV victims
- DV training and advocacy in family courts
- 66% conviction rate of DV
- 18% of family violence cases reported to police
- 55% of women had reported experiencing sexual violence and/or emotional/psychological abuse
- Maori women at 5 times greater risk of IPV
- Social views of DV inhibit access to resources, especially in marginalized communities
- 30 specialized sexual violence services for victims
- Gap in services specialized for culturally diverse groups

## SAFER TRAVELS PLAN

- Know yourself: Reflect on Expectations
- Know your surroundings: Local Resources, cultural norms and behavior
- Develop a Support Network: Back Home and Abroad
- Have a Game Plan (Before the plane and before the door)

## U.S. Embassy in New Zealand

U.S. Embassy Wellington

29 Fitzherbert Terrace

Thorndon

Wellington

New Zealand

[nz.usembassy.gov](http://nz.usembassy.gov)

+64 4 462 6000

## RESOURCES

### Cal Poly Safer

Confidential

✉ [safer@calpoly.edu](mailto:safer@calpoly.edu)

🖨 [safer.calpoly.edu](http://safer.calpoly.edu)

☎ 805.756.2282

### Cal Poly

### International Center

✉ [international@calpoly.edu](mailto:international@calpoly.edu)

🖨 [international.calpoly.edu](http://international.calpoly.edu)

☎ 805.756.1477

### Toll Free 24-HR Crisis Line\*

### RISE

Confidential

✉ [contact@RISEslo.edu](mailto:contact@RISEslo.edu)

🖨 [riseslo.org](http://riseslo.org)

☎ 855.886.RISE(7473)\*

### SASHAA

*Sexual Assault Support and Help for Americans Abroad*

✉ [crisis@866uswomen.org](mailto:crisis@866uswomen.org)

🖨 [sashaa.org](http://sashaa.org)

☎ 866.879.6636\*